

Pilton Pre-school daily routine



EARLY START 8.45 - 9.00 MORNING SESSION 9.00-12.30 or 2.00

9.00 - 10.00 - Play explore and Learn- Children and parents/carers are warmly greeted by the staff, children settle with their peers to begin enjoying the session - not forgetting a big cuddle and saying 'see you later' to loved ones. Children self register by finding their name and putting it on the rainbow. Key persons are there to sensitively support children to settle quickly. Children can choose from a range of activities that interest them and staff are there to support and extend children's learning. Young children have a natural desire to learn, explore and question. Pilton Pre-school offer an environment that enables child-initiated play in order to capture the moment of engagement.

10.00 - 10.30 - Tidy up time! Followed by wake and shake, then group time on the carpet- On hearing our bell the group awaits instruction. We listen to a tidy up song as we work together to clear resources away making it a valuable learning experience for team work, helping others, listening and following instructions, understanding positional language and much more. We then participate in wake and shake, which our hero helper of the day chooses. Afterwards, the children sit down for Group Time where we engage with the children focusing on the children's interests. We often enjoy singing, learning new signs and practicing some counting skills.

10.30- 10.45 - Healthy snack time- After washing their hands, the children sit down together and tuck into a wide selection of fruits and vegetables brought in from home. Once finished the children wash their hands and then get ready for going outside.

10.45- 11.45 - Outdoor Play- Our stunning outside area overlooks the surrounding countryside making the perfect backdrop to any creative and imaginative play. The children have access to a wide range of physical equipment and play areas such as the mud kitchen and Forest School area. We make the most of the beautiful environment and encourage confidence in exploring nature. After play and exploration, we tidy together and come in putting our wellies in away and put our coats on our pegs all by ourselves (but with a little bit of help for those who need it too).

11.45 - 12.00 - Circle time - The children sit on the carpet and listen to a story or sing some songs before washing their hands ready for lunch.

12.00-12.30 - Together time lunch- Children sit down together to enjoy their yummy healthy food brought in from home. We enjoy chatting about the day's events and children often help each other to open or tidy away packets. Once finished we say "Thank you" and leave the table to wash their hands. The children then enjoy sharing stories and playing quietly as some of the children are collected and some new friends arrive.

AFTERNOON SESSION 12.30 - 4.00

12.30 - 1.00 - Rest and Relaxation followed by play- The group enjoy a selection of quiet stories, puzzles, games, music or activities on the carpet. We encourage this time to be calm & quiet to allow for those arriving and leaving to have a relaxed transition. Children can then gradually go off to explore and access resources and activities that interest them. Staff are there to support and extend children's learning.

1.00-2.00 - Play explore and Learn - Children can choose from a range of activities that interest them and staff are there to support and extend children's learning. Young children have a natural desire to learn, explore and question. Pilton Pre-school offer an environment that enables child-initiated play in order to capture moments of engagement.

2.00 - Tidy up time- On hearing our bell the group awaits instruction. We listen to a tidy up song whilst we work together to clear resources away making it a valuable learning experience for team work, helping others, listening and following instructions, understanding positional language and much more.

2.10-2.20- Wake and Shake followed by Circle time- Our hero helper chooses a song for our wake and shake session, where we move our bodies, following instructions and beginning to move rhythmically. The children then sit down for a circle time session, this may be singing, looking at the weather, learning new signs and practicing some counting.

2.20-2.40- Snack time - After washing their hands, the children sit down together and tuck into a wide selection of fruits and vegetables brought in from home. This sparks lots of discussion about likes, dislikes, who has the same, what we eat at home and of course we all have a good chat about whatever is on our minds! Once finished the children wash their hands and then get ready for going outside.

2.45-4.00 - Outdoor Play- Our stunning outside area overlooks the surrounding countryside making the perfect backdrop to any creative and imaginative play. The children have access to a wide range of physical equipment and play areas such as the mud kitchen and Forest School area. We make the most of the beautiful environment and encourage confidence in exploring nature. After play and exploration, we tidy together and come in putting our wellies away and putting our coats on our pegs all by ourselves (but with a little bit of help for those who need it too).

3.50 - 4.00 - Rest and Relaxation: The group join together in our quiet area for a selection of wind down stories, puzzles, games, music or activities as children eagerly await sharing their busy day with loved ones at pick up time.

Throughout the day there are plenty of opportunities for children to engage in music and movement, stories, malleable and messy play, construction, mathematics, phonics, letters and sounds, creative arts and crafts and lots of other lovely things! The children are free to access the resources and activities of their choosing with staff sensitively supporting their choices and looking for opportunities to 'teach' and extend children's learning.

Our daily routine is very flexible to meet the varying needs of the children. Activities are planned based on the children's interests, fascinations and areas where they may need support as well as themed around inspiring topics to introduce new knowledge and experiences. The program is effectively differentiated to support children's stage appropriate learning.

Revised - January 2022 VLV